

**JUMP ROPE FOR HEART**  
**FUNDRAISING STARTS NOW AND ENDS WEDNESDAY, MARCH 7<sup>TH</sup>**



Our school is getting ready to kick-off **Jump Rope For Heart for the American Heart Association**! We are so excited to teach your student how to care for their heart while raising lifesaving donations to fight the nation's #1 killer!

Our American Heart Association representative will be joining us at school on **February 20** to talk with our students about the work the AHA does and challenge them to start living a healthy lifestyle. With the help of our friends from the **SCARE SQUAD** our school is going to scare away heart disease for good! All the monsters in the Scare Squad have a special message they are teaching our students about heart health. Make sure you ask your student what they learned from their new lifesaver friends!

Here's a quick 15 minute video you can watch at home with your child to learn more about our event this year: <https://www.youtube.com/watch?v=ws5c-kfY4i8>



**ANY** student who registers online will receive a glow in the dark wristband and once your student collects a donation they will start earning monsters and a backpack clip for them to hang on! ALL of our monsters (and the wristband!) will COME TO LIFE using the FREE mobile app: Jumps/Hoops. Check it out: <https://www.youtube.com/watch?v=yk9eqMvGCx0>

If that wasn't exciting enough, we are offering a special incentive to students who start collecting donations early! **Students who collect \$150 by February 20 OR February 28 using their online fundraising page will earn plush JAX**



**Get Jax at our Kickoff Assembly by raising \$150 by Feb 20<sup>th</sup>  
OR  
Receive him later by raising \$150 by Feb 28<sup>th</sup>**

Here are four easy steps to get your student's online fundraising page set up and start collecting lifesaving donations (or watch this quick video <https://www.youtube.com/watch?v=Yc9Yz4INzLU>):

1. Go to your school's fundraising page: <http://www2.heart.org/goto/centralwildcats>
2. Click on the Sign Up button
3. Create a username and password and then fill out the registration form
4. Share your personal fundraising link with friends and family right away.

**AND/OR Download the FREE mobile app Jump/Hoops and register your student that way**

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**Thank you** for joining us as we challenge each other to keep our heart healthy and raise money for kids with special hearts.

Please contact your school's PE teachers if you have any questions.

Krista Porter: [kporter@psd202.org](mailto:kporter@psd202.org)

Matt Wood: [mwood@psd202.org](mailto:mwood@psd202.org)

Jason Boersma: [jboersma@psd202.org](mailto:jboersma@psd202.org)

Wondering what Jump Rope/Hoops for Heart is all about? [Check it out!](#)

With Heart,

*Stefani*



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## STEFANI WHITE

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**DONATION ADDRESS (Please include school contact info):**

**American Heart Association**

**Midwest Affiliate**

**PO Box 50035**

**Prescott, AZ 86304-5135**

### **Need Online Help?**

Contact our Customer Care Team between 7AM- 5PM:

(855) 229-4424

[ymcustomercare@heart.org](mailto:ymcustomercare@heart.org)

**my family is why**

